

TREATMENTS	DURATION	PRICE
<p>Luxury Retreat</p> <p>This Ritual begins with a salt infused hydrotherapy bath. Your therapist will then specially select warm aromatherapy oils and use smooth heated bamboo sticks to stretch out and relax tired, aching muscles on the back of the body. A customised Kerstin Florian Gua Sha Facial follows using Jade tools and results driven ingredients to stimulate circulation, improve lymphatic drainage and enhance natural hydration. While the mask is on enjoy a Lomi Lomi style warm oil massage to the front of the body as you drift away in pure serenity.</p>	120 mins	€180
<p>Warm Bamboo Massage</p> <p>Using smooth heated bamboo sticks and specialised massage techniques this full body deep muscle massage will comfortably ease and stretch tight muscles, stimulate blood circulation and boost your energy. Healing hands and warm ginger oil soothe and hydrate the skin leaving you feeling blissfully relaxed and energised.</p>	55 mins	€105
<p>Spa Salveo Signature Massage</p> <p>This therapeutic massage is personalised to your needs on the day and includes a combination of massage techniques including Swedish, Hawaiian Lomi Lomi and Chinese Tui Na to calm, soothe, energise and detoxify.</p>	55 mins	€95
<p>Basq in The Moment Pregnancy Massage</p> <p>Using safe and effective pre natal massage techniques this customised treatment begins with a full body skin brush to improve circulation and reduce water retention. This is followed by a full body warm oil massage designed with your comfort in mind, relieving muscle tension, soothing aches and pains and reducing fatigue.</p>	60 mins	€105
<p>Rest & Restore</p> <p>Includes a personalised warm oil back, neck and shoulder massage followed by a deeply relaxing scalp Massage and soothing lower leg and foot massage.</p>	50 mins	€80
<p>Spa Salveo Taster</p> <p>This relaxing treatment combines a customised warm oil back, neck and shoulder massage along with a Kerstin Florian Refresher facial targeting your main concerns. Includes a hydrating hand and arm massage or relaxing scalp massage.</p>	55 mins	€95
<p>K-Lift Youth Accelerator Facial</p> <p>Working in harmony with the body's energy this non-invasive, relaxing facial treatment uses three high performance energy technologies to lift, firm and tone the skin. A deep cleansing multi acid peel is followed by 40 minutes of LED Red Light and Impulse MicroCurrent to renew cell function and muscle tone, trigger DNA regeneration and repair and deliver actives via Infusion Technology. The result is younger, healthier looking skin.</p>	60 mins	€105
<p>Gua Sha Facial Experience</p> <p>This fully customised facial combines a holistic approach with results driven ingredients to address all skin concerns and rejuvenate the skin. Expert massage techniques with specialized Jade tools stimulate lymphatic drainage, improve circulation and enhance natural hydration while botanical essences nourish, replenish and fortify the skin. Tension is released, puffiness reduced and clarity enhanced, leaving the face, neck and décolleté visibly smoother, tighter and more radiant.</p>	60 mins	€95
<p>Couples Treatment</p> <p>Relax together with a Spa Salveo serail mud chamber for two. Followed by individual treatments for each of you: For the girls: a back, neck & shoulder massage (30 mins) with a Kerstin Florian refresher facial (30 mins). For the boys: a back, neck and shoulder massage (30 mins) and a gentleman's facial (30 mins). Please advise if you are pregnant as alternative treatments are available.</p>	120 mins	€240 <small>for two</small>