

TREATMENTS	DURATION	PRICE
<p>Luxury Retreat This Ritual begins with a salt infused hydrotherapy bath. Your therapist will then specially select warm aromatherapy oils and use smooth heated bamboo sticks to stretch out and relax tired, aching muscles on the back of the body. A customised Kerstin Florian Gua Sha Facial follows using Jade tools and results driven ingredients to stimulate circulation, improve lymphatic drainage and enhance natural hydration. While the mask is on enjoy a Lomi Lomi style warm oil massage to the front of the body as you drift away in pure serenity.</p>	120 mins	€180
<p>Warm Bamboo Massage Using smooth heated bamboo sticks and specialised massage techniques this full body deep muscle massage will comfortably ease and stretch tight muscles, stimulate blood circulation and boost your energy. Healing hands and warm ginger oil soothe and hydrate the skin leaving you feeling blissfully relaxed and energised.</p>	55 mins	€105
<p>Spa Salveo Signature Massage This therapeutic massage is personalised to your needs on the day and includes a combination of massage techniques including Swedish, Hawaiian Lomi Lomi and Chinese Tui Na to calm, soothe, energise and detoxify.</p>	55 mins	€95
<p>Basq in The Moment Pregnancy Massage Using safe and effective pre natal massage techniques this customised treatment begins with a full body skin brush to improve circulation and reduce water retention. This is followed by a full body warm oil massage designed with your comfort in mind, relieving muscle tension, soothing aches and pains and reducing fatigue.</p>	60mins	€105
<p>Rest & Restore Includes a personalised warm oil back, neck and shoulder massage followed by a deeply relaxing scalp Massage and soothing lower leg and foot massage.</p>	50 mins	€80
<p>Spa Salveo Taster This relaxing treatment combines a customised warm oil back, neck and shoulder massage along with a Kerstin Florian Refresher facial targeting your main concerns. Includes a hydrating hand and arm massage or relaxing scalp massage.</p>	55 mins	€95
<p>Hydrating Wrap A luxurious application of aromatherapy oils mixed with Kerstin Florian Thermal mineral cream to relieve muscle tension, promote detoxification and hydration. Your oil is chosen specifically for your needs and blended with the Crème. Your Body is first exfoliated after which you are lulled into unconsciousness as your oils are applied. While your oils penetrate deeply the face is gently massaged. Your skin is left superbly hydrated and nourished.</p>	55mins	€95
<p>Detoxifying Spirulina Wrap Using an all-natural, live Spirulina Algae harvested from pure salt lakes in Southern California, this algae treatment imparts essential vitamins, minerals and protein to nourish and revitalise the body. Very effective when used as part of a slimming or nourishing program.</p>	55 mins	€95
<p>Manicure</p>	60 mins	€60
<p>Pedicure</p>	60 mins	€60

TREATMENTS	DURATION	PRICE
<p>Advanced Repair Facial This customised, results orientated treatment targets specific skin conditions including hyperpigmentation, sensitivity, oily skin, fine lines and premature aging. An exfoliating multi-acid or enzyme peel renews the skin while an acu-lift massage and advanced professional masque boosts collagen, plumps and firms. A customised intensive treatment ampoule and hand and arm treatment complete the experience.</p>	60 mins	€100
<p>Brightening Facial This specific treatment delivers brightening and clarity for immediate luminosity. With this results-orientated facial, the hands face, neck and décolleté are treated to effective formulas that even out skin texture and tone. Using a powerful blend of skin illuminating botanicals and Acti-5 Brightening complex, along with a multi-acid peel, and a unique cooling masque with luminous rice, skin appears lighter, brighter and more refined.</p>	60 mins	€100
<p>BerryPlus Anti Oxidant Infusion Facial This ultra-oxygenating, anti-aging treatment is based on vitamin-rich super berries and plant cell cultures which fortify, rejuvenate and renew the skin. Concentrated nourishing oils, serums and plant essences are used with exclusive acupressure and muscle-easing face and neck massage techniques. A nourishing algae-rich masque increases cell renewal and healthy radiance while a pressure point scalp massage completes the experience.</p>	60 mins	€95
<p>Kirsten Florian Gentleman's Facial A customised, therapeutic facial designed for men's specific skin care needs.</p>	60 mins	€95
<p>K Lift Youth Accelerator Facial Working in harmony with the body's energy this non-invasive, relaxing facial treatment uses three high performance energy technologies to lift, firm and tone the skin. A deep cleansing multi acid peel is followed by 40 minutes of LED Red Light and Impulse MicroCurrent to renew cell function and muscle tone, trigger DNA regeneration and repair and deliver actives via Infusion Technology. The result is younger, healthier looking skin.</p>	60 mins	€105
<p>Gua Sha Facial Experience This fully customised facial combines a holistic approach with results driven ingredients to address all skin concerns and rejuvenate the skin. Expert massage techniques with specialized Jade tools stimulate lymphatic drainage, improve circulation and enhance natural hydration while botanical essences nourish, replenish and fortify the skin. Tension is released, puffiness reduced and clarity enhanced, leaving the face, neck and décolleté visibly smoother, tighter and more radiant.</p>	60 mins	€95
<p>Turkish body scrub A stimulating, invigorating salt scrub rich in minerals and aromatherapy oils to cleanse, uplift and refresh the senses.</p>	50 mins	€80
<p>Couples Treatment Relax together with a Sap Salveo serail mud chamber for two. Followed by individual treatments for each of you. For the girls: a back, neck & shoulder massage (30 mins) with a Kerstin Florian refresher facial (30 mins), For the boys: a back, neck & shoulder massage (30 mins) and a gentleman's facial (30 mins) Please advise if you are pregnant as alternative treatments available.</p>	120 mins	€240 for two