

La Fougère



Head Chef - Seamus Commons
(Sample Menu - Changes regularly)

Soup du Jour Carrot & Cumin, Confit Carrot 6,7,9,12	6.50
Kelly's Black Pudding Boudin, Duck Egg, Thyme Mousseline, Crispy Bacon, Port Jus 1,6,7,9,10,12	13.50
Galway Goat's Cheese Bonbon, Poached Pear, Beetroot, Pecan Nuts, Tomato Jam 6,7,8,9,10,12	9.50
Ham Hock & Root Vegetable Terrine, Carrot Remoulade, Green Apple Fig Chutney 3,6,10,12	9.50
Salted Cod, Smoked Haddock Croquette, BBQ Salmon, Spinach & Sprout, Crouton, Herb Butter 1,2,4,6,7,12,14	11.50



8 oz Fillet of Irish Beef, Potato Fondant,
Field Mushroom & Cep Ketchup, Crumbed Beef Cheek
Onion Jam, Madeira Jus 43
1,3,6,7,8,9,10,12

Supreme of Irish Chicken, Celeriac Purée,
Roast Celeriac, Pancetta, Hazelnut,
Smoked Bacon Cream 27
6,7,8,9,10,12

Grilled Seabass, Spiced Cauliflower, Scallion,
Pine Nut & Caper Crumb, Chorizo & Sherry Dressing 28
4,6,7,8,9,10,12

Pan-Fried Salmon, Broccoli Purée,
Tenderstem Broccoli, Shrimp Cream 28
2,4,6,7,9,10,12

Roast Wild Pheasant, Sprouts, Chestnut, Black Lard,
Slow Cooked Swede, Confit Duck Croquette,
Cider Raisins, Smoked Cream 32
6,7,10,12

Spiced Chickpeas, Cashew, Cauliflower,
Organic Greens, Coriander, Red Pepper Escabeche 19
2,4,6,8



Please inform your server if you have any dietary requirements or allergies

Desserts



Pear & Apple Parfait, Cinnamon Crumb,
Compressed Apple, Cinnamon Anglaise 8.50
1,3,6,7,8,12

Rice Pudding, Poached Plum,
Raspberry Coulis, Raspberry Sorbet 8.50
1,3,6,7,8,12

Vanilla Panna Cotta, Rhubarb Puree, Roast Rhubarb,
Crushed Pavlova, Lemon Meringue Ice Cream 8.50
1,3,6,7,12

Double Chocolate Fondant, Caramel Sauce,
White Chocolate Soil, Salted Caramel Ice Cream 10.50
1,3,6,7,12

Selection of Wild Atlantic Way Irish Farm
House Cheese, Crackers, Fig Chutney 11.00
1,6,7,12



Freshly Brewed Tea / Coffee

List of Allergens

1. Cereal
2. Crustacean & products thereof
3. Eggs & products thereof
4. Fish & products thereof
5. Peanuts & products thereof
6. Soybeans & products thereof
7. Milk & products thereof
8. Nuts
9. Celery
10. Mustard & products thereof
11. Sesame seeds & products thereof
12. Sulphur dioxide & sulphites
13. Lupin & products thereof
14. Molluscs & products thereof