

Massage Therapy

Warm Bamboo Massage - Firm to Medium Pressure

The use of bamboo ensures healthy circulation, relief of muscle tension, deep relaxation and aids in detoxification. Bamboo is known to symbolise strength, fertility, youth, prosperity and peace. Healing hands and warm ginger oil soothe and hydrate the skin, leaving you feel blissfully relaxed and energised.

€155.00 80 mins



The Harmony Ritual - Light to Medium Pressure

This treatment is designed to ground the senses and uses unique massage techniques such as the Lomi Lomi Hawaiian wave and a Chinese Tui Na. Following the full body treatment, your therapist will finish with a pressure point face and scalp massage. To complete the journey, take some time to relax with a herbal tea to complement your chosen oils. Massage, individually tailored to your needs using a blend of aromatherapy oils.

€155.00 90mins

Magnesium Wellness Massage - Light to Medium Pressure

This ultimate wellness treatment combines the benefits of dry brushing to promote lymphatic drainage, therapeutic massage and the power of magnesium to promote detoxification and replenish commonly deficient levels. After an exfoliating and stimulating dry brush, a soothing massage follows with Mineral Wellness lotion to nourish the skin as muscles relax and tension dissipates.

€110.00 60 mins



Recovery Massage - Medium Pressure

This medium pressure massage aids in rehabilitation by specifically targeting muscles, especially after exercise or during stressful periods of time. Harnessing the powerful properties of magnesium to support the body's detoxification process. Cooling menthol will be used on the lower body to promote drainage and circulation. The recovery massage focuses on the individuals needs and overall physical condition.

€110.00 60 mins

Cupping Massage - Firm to Medium Pressure

Cupping is an alternative medical method where vacuum is used to increase circulation in the skin and connective tissue. Cupping massage is three times more effective than regular massage. It promotes healthy circulation and softens connective tissue and muscles, which provides pain relief and improves mobility in muscles and joints. It also has a detoxifying effect by removing waste products and excess fluids, as well as reducing cellulite and speeds up recovery after physical exercise.

€110.00 60 mins



Lavender Dreams - Light to Medium Pressure

€165.00 90 mins

Relax. Dreams of Lavender fields kissed by the French sun envelope your senses as you drift on waves of blue. Breathe deep. Inhale the calming and balancing benefits of wild lavender in this completely uplifting and rejuvenating spa experience which includes a two step invigorating full body scrub and a back & scalp massage.

Ginger Renewal - Light to Medium Pressure

€165.00 90 mins

Let Ginger's healing and warming properties invigorate and nourish in this renewing head-to-toe treatment. An invigorating full body exfoliation, followed by a pampering back, neck and shoulder massage with Ginger Oil and warm healing stones. Nourish and relax inside a warm cocoon while a forehead, ear, and pressure point scalp massage complete this vitalising experience.



Neroli Blossom Sensory Experience - Light to Medium Pressure

€165.00 90 mins

Awaken the senses with the signature aroma of Neroli in this deeply relaxing yet uplifting experience featuring energy balancing, Eucalyptus infused foot cleansing ritual with reflexology movements to clear the mind, a lymphatic dry brush technique followed by a Neroli Blossom therapeutic meditative massage.

Couples Treatment

€250.00 120 mins

Relax together with a Spa Salveo serail mud chamber for two. Followed by individual treatments for each of you. Please advise if you are pregnant as alternative treatments are available:

For the girls: a back, neck and shoulder massage (30 mins) with a Kerstin Florian refresher facial (30 mins)

For the boys: a back, neck and shoulder massage (30 mins) and a gentleman's facial (30 mins)

The Luxury Retreat - Medium to Deep Pressure

€180.00 115 mins

This Ritual begins with a salt infused hydrotherapy bath. Your therapist will then specially select warm aromatherapy oils and use smooth heated bamboo sticks to stretch out and relax tired, aching muscles on the back of the body. A customised Kerstin Florian Gua Sha Facial follows using Jade tools and results driven ingredients to stimulate circulation, improve lymphatic drainage and enhance natural hydration. While the mask is on enjoy a Lomi Lomi style warm oil massage to the front of the body as you drift away in pure serenity

Nordic Zen - Light to Medium Pressure

€165.00 90 mins

Inspired by ancient traditions and the very core of their healing practices. We provide an inner experience filled with energy and deep relaxation. It begins with a mineral rich salt scrub, that allows the body to heal itself through heat, stones, repetitive movements, and active plants until you reach a stage of total relaxation. A unique treatment to nurture the sacred connection between body and soul you will experience the deep feeling of peace and harmony.

